

Color Day

Activity Suggestions:

- * Let child pick out clothes to wear
- * Tape large paper to kitchen floor & color.
- * "Easter Egg Hunt" w/ color
- * Bean bag toss w/ one color
- * Make and try on paper hats
- * String large beads onto or along a shoelace
- * Make a domino chain
- * Have a picnic
- * Make a Nature Collage
- * World's Best Play dough
- * Make and Eat Painted Toast
- * Make Colored Ice Cubes
- * Collect objects in the chosen hue as you walk around the block or in a nearby park.
- * Hunt for the special color outside, in the supermarket, or while you're traveling around town.
- * Point out all of the objects and toys in her room in the same color.

White:

- * Make a "Mummy Mommy" with toilet paper
- * Play with Goop
- * Color Recognition Game
- * Color Shopping
- * Baby Powder Race

Blue Day Example

- 9:30 * Tape paper to kitchen floor and color.
- 9:45 * Play Dough
 - * String colored macaroni on shoelace
- 10:00 * Snack (painted toast, jello, cool-aid popsicles)
 - * Photo Placemats
- 10:20 * Color Shopping (get a basket & put blue things in it)
 - * Balloons (draw faces on them)

Do ahead:

- * Color macaroni.
- * Hide Blue items (for color shopping).
- * Have child bring pictures of blue items for placemats. Take picture of the group, print it out to go on placemat. (laminat).
- * Snack.

Color Macaroni and Pasta Shapes

The easiest way to color pasta or rice for fun or other craft activities is to do the following:

- * Put pasta/rice in a Ziploc bag
- * Add small amount of rubbing alcohol
- * Add drops of food coloring (the more drops, the darker the color)
- * Shake bag to color pasta/rice
- * Dry on a paper plate or paper towel

This will not leave the pasta/rice sticky as soaking it in water can!

Color Recognition Game

Choose a color and walk down the sidewalk of a semi busy street. As the cars pass, have the child point out which cars are the color you have pre-selected. This also works great while out walking or on a car trip, and it is good for pre-schoolers too. Older children can count how many cars of each color go

Color Shopping

Pick a color. Carry a basket (or plastic shopping cart) and go from room to room looking for things to put in the basket that is the color you picked. When your finished unload the basket naming each item. Make sure you repeat the color every time you name an item. "a green cup," "a green book," etc.

Make and Eat Painted Toast

Materials Needed: Bread, food coloring, pastry brushes, milk, plastic cups, toaster.

Directions: Put a spot of milk into a cup and add food coloring. Use a pastry brush for each color, give each child a slice of bread, let them paint one side of the bread, if the bread is too soggy, use a kitchen roll or paper towel to dab off the excess. Toast the bread. Let the child eat the painted toast. Comments- It is safe to let your child eat this as we have only used food coloring and milk. It encourages the child to eat their toast and develops fine motor control.

Make Colored Ice Cubes

Materials Needed:

Ice cube Tray

Food Coloring

Water

Directions: Fill an ice cube tray with water and add a few drops of food coloring to each square and freeze to make several different colored cubes. At bath time, drop a few cubes into the tub --- you can try to catch them, describe the colors, watch them float or watch them melt. A great way to teach colors if you do all of one color each day. Also a big hit in a kiddy pool!

Play with Goop

To make goop, you will need a box of cornstarch, food coloring, water and a shallow plastic pan. Mix water and cornstarch to make firm consistency. When you pick it up, it melts in your hand. Fun activity. You can keep goop for a couple of days. If it dries out, add more water.