WEEK AT-A-GLANCE



cleaning checklist

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LAUNDRY {change sheets, wash, dry}	LAUNDRY {fold & put away}	VACUUM & DUST	KITCHEN {floors, fridge, microwave}	BATHROOMS	MEAL PLAN & YARD WORK

DEEP CLEANING FOR THIS WEEK {circle}

DUST HIGH AREAS

SPOT-CLEAN CARPETS

CYCLE-CLEAN DISHWASHER

OVEN
STOVETOP BURNERS
LIGHT SWITCH PLATES

LAUNDER BATH RUGS
CHANGE AC FILTERS
SCRUB BREAKFAST TABLE

NOTES

Print more at TipJunkie.com/clean

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