YEAR - ROUND



cleaning checklist

DAILY	WEEKLY	MONTHLY	ANNUALLY
make beds	laundry	dusty high areas	shampoo carpets
dishes/dishwasher	change sheets	spot-clean carpets	spot clean doors
tidy kitchen	☐ bathrooms	cycle-clean dishwasher	touch-up paint walls
kitchen garbage	vacuum	Oven	hard-water buildup
pick up house	dust	stovetop burners	dust ceiling fans
	sweep & mop floors	☐ light switch plates	vacuum inside couch
	refrigerator	☐ launder bath rugs	cabinets/drawers
	microwave	change AC filters	windows
	collect trash	scrub breakfast table	scrub grout
			garage
		QUARTERLY	vacuum mattresses
		wash bed covers	catch cobwebs
		swap seasonal clothes	
		change furnace filter	
		☐ blinds	

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